STOP-BANG Questionnaire

Do you SNORE loudly (louder than talking or loud enough to be heard through closed doors)?

Do you often feel TIRED, fatigued, or sleepy during daytime?

Do you have high blood pressure?

Has anyone OBSERVED you stop breathing during your sleep?

BMI more than 30kg/m²?

Age >50 years?

Neck circumference ≥43cm

GENDER: Male?

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<th>Yes</th>
<th>No</th>
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High risk of OSA | Yes | 5-8 |
Intermediate risk of OSA | Yes | 3-4 |
Low risk of OSA | Yes | 0-2 |

TOTAL